

The Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove all our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

Reprinted with permission of AA World Services Inc.

Fold here

What is Alcoholics Anonymous?

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Reprinted with permission of The AA Grapevine Inc.

Helpful AA Websites

Bendigo District - www.aabendigo.org.au

Southern Region - www.aatimes.org.au

AA Australia - www.aa.org.au

AA Service - www.aaservice.org.au

**God grant me the Serenity to
accept the things I cannot change,
Courage to change the things I
can, and Wisdom to know the
difference**

Alcoholics Anonymous

Bendigo District Meetings List

1300 AA AA AA

(or use the local contacts overleaf)

PO Box 121

Golden Square, 3555



®

The words "Alcoholics Anonymous" and the Logos in the text above are all registered Trade Marks of the General Service Board of Alcoholics Anonymous, Australia.

Bendigo District AA Contacts

Male contacts

Julian - Castlemaine 5472 1570
(Mobile) 0408 539 030
Roger - Bendigo 0419 353 712
Dennis - Bendigo 0422 593 381

Female contacts

Sue - Castlemaine 0488 123 868
Penelope - Bendigo 0402 266 353

Updated December 2018

Note: Update meeting information by contacting Penelope the Webmaster through the Bendigo District website or on the number above

Meetings Information

SUNDAY 11:00am - 12:00pm
42 Campbell St, Castlemaine
Brian - 5470 6724

SUNDAY 8:00pm - 9:30pm
St Mary's Anglican Church,
193-195 High St, Kangaroo Flat
Access and parking of Church St
Roger - 0419 353 712

MONDAY 8:00pm - 9:30pm
Steps Meeting
The Children's Room
Salvation Army Centre
65 - 71 Mundy St, Bendigo
Simon - 0410 424 686

MONDAY 7:00pm - 8:30pm
Inglewood Town Hall
25 Verdon St, Inglewood
Vic - 5494 3892

MONDAY 7:30pm - 9:00pm
Kyneton Catholic Church
53 Ebdon St, Kyneton
Brian - 0467 063 128

TUESDAY 7:00pm - 8:30pm
Beginners Discussion Meeting
Community Church of Christ Hall
60 Havlin St West, Quarry Hill
Stuart - 0418 582 001

TUESDAY 8:00pm - 9:30pm
Bendigo Chapter Six Meeting
Salvation Army Community Centre
65 -71 Mundy St, Bendigo
4th Tuesday of each month only

WEDNESDAY 12:00pm - 1:30pm
St Andrew's Uniting Church Hall
24 Myers St, Bendigo

WEDNESDAY 7:00pm - 8:00pm
As Bill Sees it - Discussion
Community Church of Christ Hall
60 Havlin St West, Quarry Hill

THURSDAY 8:00pm - 9:30pm
Uniting Church Hall
12 Lyttleton St, Castlemaine
Sue - 0488 123 868

FRIDAY 8:00pm - 9:30pm
Doxa School
118 - 120 Hargreaves St, Bendigo
Smoke break around 8:45pm

SATURDAY 3:00pm - 4:00pm
AA Women's Topic
Salvation Army Hall at railway station
47 Kennedy St, Castlemaine
Trish - 0425 318 646

SATURDAY 6:00pm - 7:30pm
Saint Peter's Church Hall
63 High St, Eaglehawk